

# Advance Statement/Decision Form

This is the Advance Statement / Decision (please delete as appropriate) of:

Name: \_\_\_\_\_

Date of Birth \_\_\_\_\_

NHS Number \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

If at any time in the future I experience a mental health crisis, I would want the following instructions to be followed (Advance Decision) and guide my care and treatment with the Advance Statements below

Signed: \_\_\_\_\_

Date: \_\_\_\_\_

Witnessed by \_\_\_\_\_

Signature: \_\_\_\_\_

I have provided a copy of this document to the following people:

GP: \_\_\_\_\_

Partner / spouse/supporter: \_\_\_\_\_

Family members \_\_\_\_\_

My care co-ordinator \_\_\_\_\_

Humber Teaching NHS Foundation Trust Mental Health Legislation Dept

**ADVANCE STATEMENT/ DECISION (delete as appropriate)**

<b>Name</b>
<b>NHS Number</b>
<b>D.o.B</b>
<b>Date</b>

It is very important to discuss Advance Decisions with your healthcare professional, which will usually be your care co-ordinator (especially if you intend to refuse treatment that would be life sustaining). He or she will be able to explain what types of treatment would be covered and in what circumstances, and the implications of refusing such treatments.

**Things that I would want to refuse in my care: (Advance Decision)**

**Things that I would definitely refuse being included in my care: (Advance Decision)**

**This is who I am; this is what I am like when I consider myself well. E.g. What is my usual personality, my lifestyle, my relationships etc.? (Advance Statement)**

**When I am not well these are the things that you will notice about the way I am: e.g. What changes happen in my personality, my lifestyle, my relationships etc.? (Advance Statement)**

**If I am not well I would like the following to happen, if possible: (Advance Statement)**

**Things that have worked well in the past for me have been: (Advance Statement)**

**Things that have not worked for me have included: (Advance Statement)**

**I would like the following people to be told immediately that I have been admitted to hospital: (Advance Statement)**

**I would like the following person to be informed so as to assist me in representing my wishes at meetings that take place about my care: (Advance Statement)**

**Other people to contact and tell them that I am not at home at the moment:**  
 e.g. work; voluntary work; groups you attend; delivery people etc. (Advance Statement)

**I would like the following people not to be told:** (Advance Statement)

<b>I would like to be consulted before people are told how I am etc.</b> (Advance Statement)	<b>Yes</b>	<b>No</b>
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**Needs that are special to me that I would like people providing my care to be aware of:**  
 (Advance Statement)

**diet –**

**physical health – (including ongoing conditions/ medications / allergies)**

**religion -**

**disabilities –**

**other -**

**Children or dependents - I would like the following people to care for my children or dependent:** (Advance Statement)

**When someone explains to my children what is happening, I would like them to be told the following:** (Advance Statement)

**Pets: I would want the following people to look after your pets in the following way.** (Advance Statement)

**Security and my home**  
**I would like the following person to make sure my home is secure:** (Advance Statement)

**I would like them to hold keys to my home:** (Advance Statement)

**Yes**

**No**

**Other things I would like to be taken into consideration**  
(Advance Statement)